

**PSYC 1010 6.0 H: INTRODUCTION TO PSYCHOLOGY  
FALL/WINTER, 2013-2014**

**Instructor:** Dr. Rebecca Jubis

**Office:** Rm. 251 B.S.B. (Behavioural Sciences Building)

**Office Hours:** By appointment or after class

**Telephone:** You may leave a message with my **secretary, Agnes Levstik**, at 416-736-5125 and I will return your call. She is located in Rm 281 BSB.

**Email:** **jubis@yorku.ca. Be sure to indicate your course and section, and sign with your full name.** Please do NOT email me for issues that can be dealt with by the teaching assistants (grades, make-up tests, what's on the test, etc)

**Website:** Go to: <https://moodle.yorku.ca>  
Log in with your Passport York account  
Click on the course  
If you require assistance in accessing the website, please contact [ithelp@yorku.ca](mailto:ithelp@yorku.ca) or call 416-736-5800 (I will not be able to help)

It is important that you logon to Moodle. If you do not, you will not have access to important course information or to your grades, and you will not receive important notifications/reminders that I email to the class.

**Teaching Assistant Information:** soon to be posted on Moodle

	<b><u>Time</u></b>	<b><u>Location</u></b>
<b><u>Lectures:</u></b>	Fridays 2:30-5:30	ACE-102

**Course Description:**

This course is designed to provide you with a broad overview of the field of Psychology. We will begin by examining research methods that are commonly used in Psychology and this will be followed by an examination and comparison of the different perspectives that have been adopted for viewing and interpreting human behaviour. Some of the topics that will be covered are: Freudian theory, biological aspects of behaviour, personality, memory, motivation, social influence, learning, and psychological disorders.

**Required Text:**

**Myers, David. G. (2013). Psychology: 10<sup>th</sup> edition in Modules. Worth Publishers.**

This **textbook** is available in either a “loose-leaf” or a “hard cover” version (the loose-leaf version being the least costly), and is bundled with a **Study Guide** (containing practice test questions) and **PsychPortal. PsychPortal**, which is an excellent tool for studying and testing your understanding of course material, contains tutorials, quizzes, animations, flashcards, vocabulary and worksheets. Be sure to make good use of it!!

## **READINGS (in order of instruction) AND TEST SCHEDULE**

### **FALL TERM:**

#### **INTRODUCTION TO THE HISTORY AND SCIENCE OF PSYCHOLOGY**

Module 1 – The Story of Psychology

Module 2 – Thinking Critically with Psychological Science

Module 3 – Research Strategies

#### **PERSONALITY**

Module 40 – Psychodynamic Theories

Module 41 – Humanistic Theories

Module 42 – Trait Theories, Social-Cognitive Theories and the Self

### **TEST 1 - OCTOBER 25 (worth 28%)**

**Modules 1-3; 40-42; Video #14**

#### **LEARNING**

Module 20 – Basic Learning Concepts and Classical Conditioning

Module 21 – Operant Conditioning

Module 22 – Effects of Biology and Cognition, and Learning by Observation

#### **SOCIAL PSYCHOLOGY**

Module 43 – Social Thinking

Module 44 – Social Influence

Module 45 – Antisocial Relations

Module 46 – Prosocial Relations (Pg 608-617 only)

#### **CONSCIOUSNESS AND THE TWO-TRACK MIND**

Module 7 – Brain States and Consciousness

Module 8 – Sleep and Dreams

Module 9 – Hypnosis

Module 10 – Drugs and Consciousness

#### **THE BIOLOGY OF MIND**

Module 4 – Neural and Hormonal Systems

Module 5 – Tools of Discovery and Older Brain Structures

Module 6 – The Cerebral Cortex and Our Divided Brain

### **TEST 2 – DECEMBER 6 (worth 20%)**

**Modules 20-22; 43-46 (but only pg 608-617 in Module 46); 7-10; 4-6; Video #19, 13**

**WINTER TERM:****MEMORY**

Module 23 – Studying and Building Memories

Module 25 – Retrieval

Module 26 – Forgetting, Memory Construction and Improving Memory  
(OMIT Module 24)

**THINKING, LANGUAGE AND INTELLIGENCE**

Module 27 – Thinking

Module 28 – Language and Thought

Module 29 – Introduction to Intelligence

Module 30 – Assessing Intelligence

Module 31 – Genetic and Environmental Influences on Intelligence

**MOTIVATION AND WORK, also EMOTIONS**

Module 32 – Basic Motivational Concepts and Hunger

Module 33 – Sexual Orientation ONLY (section 33-4 on pg 442-448)

Module 34 – Motivation at Work

Module 35 – Introduction to Emotion

Module 36 – Expressed Emotion

Module 37 – Experienced Emotion

**TEST 3 – FEBRUARY 28 (worth 28%)**

**Modules 23, 25, 26; Modules 27-31, and Modules 32-37 (but only section 33-4 for Module 33) Video #16**

**\*\*Remember, your “experiential exercise” must be handed in during Test 3\*\***

**PSYCHOLOGICAL DISORDERS**

Module 47 – Introduction to Psychological Disorders

Module 48 – Anxiety Disorders

Module 49 – Mood Disorders

Module 50 – Schizophrenia

Module 51 – Dissociative, Personality, and Eating Disorders

**THERAPY**

Module 52 – The Psychological Therapies

Module 53 – Evaluating Psychotherapies

Module 54 – The Biomedical Therapies

**SENSATION AND PERCEPTION**

Module 17 – Basic Principles of Sensation and Perception

Module 18 – Vision, and Perceptual Organization and Interpretation

Module 19 – Nonvisual Senses

**EMOTIONS, STRESS AND HEALTH**

Module – 38 – Stress and Health

Module – 39 – Promoting Health

**TEST 4 – APRIL 4 (worth 20%)****Modules 47-51; 52-54; 17-19; 38-39; Video #7, 23****Supplemental Materials Posted on Moodle:**

Lecture notes, taken by teaching assistants, will be posted on Moodle, but they should not be considered a substitute for attending classes.

Under the different topic headings posted on Moodle, you will find additional helpful and interesting resources that relate to course material. These include exercises to test your understanding of the textbook material, and short video-clips that demonstrate some of the concepts presented in the text. (You will not be tested on this material, but I urge you to check it out).

**On-Line Open-Forum Discussion:**

You are strongly encouraged to participate in this general discussion forum on Moodle where you are free to discuss with classmates, course-related issues or any psychology-related topic or concern. Discussions will be monitored regularly by a teaching assistant.

**METHODS of EVALUATION: (4 tests, URPP participation, and an “experiential exercise”)****A) 4 TESTS**

There will be a total of 4 tests, and each will consist of about 90 multiple-choice questions and about 4 or 5 short-answer questions. These tests will not be cumulative (that is, they will contain only material covered since the previous test). For testing purposes, you are responsible for assigned modules in the text (even if the material was not covered in class), and all material presented in lectures and videos. (Videos are discussed below). Each test will contain one or two multiple-choice questions from each assigned video.

**IMPORTANT: York photo ID (YU-card) is required to write all tests.**

**Missed Tests:**

If you are unable to write a test for medical reasons or personal crisis, **you must notify your teaching assistant** by email **NO LATER THAN 48 HOURS** after the test. Also, you must have appropriate documentation for your absence. **If you miss a test for medical reasons, your physician must complete the “Attending Physician’s Statement” form that can be downloaded from the course website. Alternative medical notes will not be accepted.** Hand in your documentation to your teaching assistant at the time of the make-up test. You will **NOT** be allowed to write a make-up test under any other circumstances! I would strongly advise against writing a test if you are ill, because grades will NOT BE ADJUSTED after-the-fact to compensate for such circumstances. Make-up tests are typically scheduled 7-10 days following the original test.

**Test Accommodations for Persons with Disabilities:**

If you are registered with the Counselling and Disability Services (CDS) and will be writing your tests through “alternative exams” (arranged by the Registrar’s Office), you must provide me with your letter of accommodation at the beginning of the course. It is important that, at the beginning of the term, you schedule ALL four tests with that office. If you miss a test, you must make arrangements immediately to write a make-up test, and you must provide me with your documentation for missing the test.

## **B) UNDERGRADUATE RESEARCH PARTICIPATION POOL (URPP)**

The Department of Psychology requires that students earn 4% of their final grade by participating in research. This research is conducted by faculty and graduate students and has received ethical approval. The types of studies are quite varied and a number of them are on-line studies. This 4% is earned by participating in research for a total of 6 hrs (6 credits). You can earn 3 credits (2%) by participating for 3 hrs in the fall term and earn another 3 credits (2% ) by participating for 3 hrs in the winter term. **IMPORTANT: you cannot earn all 6 credits (4%) in just one term. If you complete all 6 credits in the fall, or all 6 credits in the winter, you will earn only 2% and NOT 4%. Also, if you earn 3.5 credits in the fall, for instance, the .5 credits will NOT be carried over into the winter term.**

You are strongly encouraged to partake in this research. Not only does it give you the opportunity to experience what types of studies are conducted in Psychology, but 4% can make a difference in your letter grade! Do not wait until the last minute to participate because your choices might be limited, and all available studies might be filled.

**URPP opens on Sept. 9 and the deadline for participation for the fall term is Dec. 23.**

If you prefer not to participate in research, you can choose to participate in the “**paper stream**” option instead. For this alternative, you must analyze a published psychology research report that will be assigned to you by the URPP office, after you **notify them of your preference for this option**. If your paper is acceptable you will earn 4% of your final grade. **IF YOU CHOOSE THIS “PAPER STREAM” OPTION, YOU MUST NOTIFY URPP at [urpp@yorku.ca](mailto:urpp@yorku.ca) BY SEPTEMBER 30!!!!**

A link to URPP information will be set up on our course website as soon as that information becomes available. It will provide you with instructions about how to register with URPP, important URPP rules, as well as important dates and deadlines. In addition, a URPP representative will soon be visiting the class to provide details.

Be sure to provide your correct **course section** when you register with URPP or you may not receive credit for your participation.

## **C) “EXPERIENTIAL” EXERCISE (posted on Moodle)**

This exercise is intended to encourage you to have a more direct experience with some psychological concepts, and a greater appreciation of how psychological variables impact your everyday lives.

Partaking in this exercise will also give you a chance to earn a BONUS 2% to be added onto your final overall grade (over and above the 100% accounted for by tests and URPP participation). There is no obligation to complete this exercise, but if your final grade is borderline, this 2% bonus could raise your mark to a higher letter grade. All that is required is for you to submit a 1-page report.

**Due date: 2:30 pm, Friday, Feb. 28 (when you write Test3)**

### **Videos:**

You will be required to view a number of videos that are relevant to some of the topics that we will be covering. These 25-min long videos are available on-line . One or two multiple-choice questions from a given video will be asked on a test, and the questions will be quite general in nature.

To view the videos, go to: <http://www.learner.org/resources/series138.html> and click on the “VoD” icon located on the right of the video title. If you have trouble accessing the videos this way, try to simply google the title.

<u>Video #</u>	<u>Title</u>	<u>Test</u>
14	The Mind Hidden and Divided	Test 1
19	The Power of the Situation	Test 2
13	The Mind Awake an Asleep	Test 2
16	Testing and Intelligence	Test 3
7	Sensation and Perception	Test 4
23	Health, Mind and Behaviour	Test 4

### **EVALUATION SUMMARY:**

#### **TEST 1** - OCTOBER 25\_(worth 28%)

Modules 1-3; 40-42; Video #14

#### **TEST 2** – DECEMBER 6\_(worth 20%)

Modules 20-22; 43-46 (but only pg 608-617 in Module 46); 7-10; 4-6; Video #19, 13

#### **TEST 3** – FEBRUARY 28 (worth 28%)

Modules 23, 25, 26; Module 27-31, and Module 32-37 (but omit sections 33-5 and 33-6)  
Video #16

#### **TEST 4** – APRIL 4 (worth 20%)

Modules 47-51; 52-54; 17-19; 38-39; Video #7, 23

#### **URPP** – (Research Participation) (worth 4%)

**EXPERIENTIAL EXERCISE-** Due 2:30 on Friday, February 28 (when you write Test3)  
(worth a BONUS of 2% to be added to your overall final grade).

#### **Please Note:**

If you require a particular grade in this course, please work now towards attaining it. This course does not offer extra assignments or tests at the end of the course to accommodate students who are a few marks short of their desired grade.

Grades will be “rounded up” only when calculating your overall final grade (not for individual tests). A grade ending in .50% or higher will be rounded up. For instance if your final grade is 74.50% it will be rounded up to 75% (B+).

*The last day to withdraw from the course so that your grade does not appear on your transcript is February 14, 2014.*

#### **Marking Scheme Used In This Course:**

A+	90 and above
A	80-89
B+	75-79
B	70-74

C+	65-69
C	60-64
D+	55-59
D	50-54
E	40-49
F	below 40

A regulation has been passed by the Senate of York University stating that students require a **minimum grade of C (4.0) in PSYC. 1010 6.0** to be allowed to pursue a degree in Psychology, or to enrol in further Psychology courses even if they do not plan to major in Psychology.

**Cheating:**

York University considers cheating and plagiarism a serious offence.

Please go to: [www.yorku.ca/academicintegrity/students/index.htm](http://www.yorku.ca/academicintegrity/students/index.htm) and read the **Senate Policy on Academic Honesty** and complete the **Online Tutorial on Academic Integrity**. (There is a link to this on Moodle).